**Badminton**

Judge. Stretch. Reach. Swing. Do whatever you can to outlast your opponent in the fastest racquet game. A badminton smash clocks the fastest initial speeds of racket movement. We invariably succeed in demonstrating badminton as an intense sport with a high requirement of skill and physique where most of the time just to hang in there and keep up the pace with the other player is a herculean task.

The sport demands excellent fitness: players require aerobic stamina, agility, explosive strength, speed and precision. It is also a technical sport, requiring good motor coordination and the development of sophisticated racket movements. Badminton has its origins in India and is one of the most popular games in the country.

**Lawn Tennis**

Tennis as a combat in an arena between two gladiators who have their racquets and their courage as their only weapons. It belongs to the individualistic past - a hero, or at most a pair of friends or lovers, against the world. A perfect combination of violent action taking place in an atmosphere of total tranquility. Tennis is an addiction that once it has truly hooked a man will not let him go.

**Cricket**

Cricket, the gentleman's game, is the unofficial national game of India. Though seems to be embedded in the life of country. In fact no other sport in India can claim the position of cricket in respect to its popularity and revenue generation. The cricket mania in India has a stronghold upon its populace, which is hard to ignore and would leave an onlooker amazed and wonderstruck, cricket mania in India.

The matches are to follow the T20 format with large number of crowd cheering for each boundaries, good fielding, catches and wickets and enjoying the suspense which is always awful and long lasting. Known to have produced close finishes in the past, the wicket promises you a nail biting entertainment at DAIICT!

**if there is something that causes a billion Indian hearts to skip a heartbeat,** **it is cricket**. After being estabilished in England, cricket gained popularity throughout the colonies.

The length of the game can vary from 20 overs to 5 days. What adds spice to this game is the numerous kinds of ground and pitch conditions that can be found. These in conjunction create numerous possibilities of challenging playing conditions, and to rise to the occasion each time, is a challenge all cricketers are eager to accept. The game focuses on team work, yet underlines the importance of individual effort.

Football:

**Football is like life - it requires perseverance, self-denial, hard work, sacrifice, dedication and respect for authority. Some people think football is a matter of life and death. I assure you, it's much more serious than that.  
Bill Shankly**

**Basketball:**

Basketball is a simple game. Your goal is penetration, get the ball close to the basket, and there are three ways to do that. Pass, dribble and offensive rebound.  
A basketball team is like the five fingers on your hand. If you can get them all together, you have a fist. That's how we want you to play in our college. Michael Jordan may be the best player in the world, but even he couldn’t win six NBA titles without his team.

Chess:

Chess is the Gymnasium of the Mind

A youngster taking part in a chess program develops critical thinking; logic, reasoning and problem solving abilities; memory, concentration and visualization skills; confidence; patience; determination; poise; self‑expression; and good sportsmanship. And perhaps more importantly, children who participate in the program improve their self‑esteem.

Chess is variously described as a science, an art and a sport. It has the virtue of being completely free of the element of luck: the result of each game depends entirely upon the skill of the players. A youngster who plays chess soon learns that he or she cannot blame failure on anyone else. Results are completely due to a child's own abilities and efforts and a child must take responsibility for his or her own actions. Victory is earned and can be savored as a personal accomplishment.

Carrom:

Carrom is neither physical game like football, basketball or Badminton nor mental game like chess. It’s just a game, in which you just sit on a chair and and you can show your talent through the variant types of shots, which can lead the coins into the hole and win the game for you. Carrom is the only game that is played by many people in India.

**Volleyball**

Volleyball is just a more intense version of “don’t let the balloon hit the floor”.It is a game of intuition, imagination, improvisation, and most importantly teamwork. This game basically follows three rules : “

\* Pass like , your life depends on it .

\* Set like it’s the last thing you will ever do.

\* Spike like you are hitting your biggest enemy.

the best part about Volleyball is that you can hit your opponent face as many times you want and that too, officially.

**Table Tennis**

Table Tennis, also known as ping pong, is a sport in which two or four players hit a lightweight ball back and forth using a table tennis racquet. Play is fast and demands quick reactions. Spinning the ball alters its trajectory and limits an opponent's options, giving the hitter a great advantage. When doing so the hitter has a good chance of scoring if the spin is successful. More than anything else this game is a test of nerves, test of mental toughness, test of character and more importantly remaining positive in the most negative circumstances. So sports lovers do not miss this marvelous exhibition of this beautiful game.